

## Appendix A: Summary of School-Based Control Measures



### 1. STAY HOME WHEN SICK

*All students and staff with common cold, influenza, COVID-19, or other respiratory diseases must stay home and self-isolate.*



### 2. HAND HYGIENE

*Everyone should clean their hands more often!*

*Thorough hand washing with plain soap and water for at least 20 seconds is the most effective way to reduce the spread of illness.*



### 3. RESPIRATORY AND PERSONAL HYGIENE

*Cover your coughs.*

*Do not touch your face.*

*No sharing of food, drinks, or personal items.*



### 4. PHYSICAL DISTANCING AND MINIMIZING PHYSICAL CONTACT

*Spread students and staff out to different areas when possible.*

*Take students outside more often.*

*Stagger break and transition times. Incorporate individual activities.*

*Remind students to keep their hands to themselves.*



### 5. CLEANING AND DISINFECTION

*Clean and disinfect frequently touched surfaces at least twice every 24 hours (once during the school day).*

*General cleaning of the school should occur at least once a day.*

*Use common cleaning and disinfectant products.*

